



Tap into Penn State York to Meet Your Training Goals

Penn State York's Office of Continuing Education offers personal and professional development opportunities for individuals and companies, noncredit certificates that can strengthen a résumé and lead to a job promotion, and flexible courses that fit the schedules of busy adults.

WE ARE your local resource to the expansive knowledge available through Penn State. Our belief in our educational and training programs and responsibility to our students and industry partners drives our commitment to quality service and continued quest for academic excellence.

Whether your business is a small nonprofit or a global corporate leader, Penn State York can help with your training and education needs.

A sample of our classes:

- Personal Care Home Administrator
- Fundamentals of Engineering Exam Review
- Project Management Certificate/ PMP Exam Prep
- Spanish for HealthCare Professionals
- Leadership Development

For more information visit york.psu.edu/adult-learners or contact Patty Bowen, director of Continuing Education; pab166@psu.edu

Student-Veteran Partners to Build a Stronger Veteran Campus Community

Attending Penn State was something Cameron Flemmens, a senior majoring in electro-mechanical engineering technology had always wanted to do. Born and raised in York, Flemmens only applied to Penn State York when he completed his military service. Being a part of the local campus that was close to home and offered small classes was just what he wanted. He shared that his experience was not exactly what he expected – but better. Flemmens believes the faculty and staff at the campus have gone above and beyond to ensure he learned about all the opportunities to make his time at Penn State York the best it could be.

A student-veteran, who is set to graduate this May, Flemmens has reaped the benefits of the G.I. Bill, and chose to support veteran initiatives at Penn State York in a leadership role as the president of the Student Veterans of America (SVA) Chapter on campus. Flemmens has been exploring options to renovate the SVA space on campus to help support building a stronger on-site student-veteran community.



Cameron Flemmens



He is recommending changes to the space to help it become a meeting place that is accessible, recognizable, and can provide services that help student-veterans more easily navigate their academic path at Penn State. Flemmens reached out to partner with the Penn State York Women's Philanthropic Network (WPN) for a grant to renovate the veteran lounge. The WPN funds will add a window and move the entrance from a hallway to a lobby location - allowing expanded hours of access, and when the lights are on it will help students know it is there.

(continued on page 2)

Penn State York Athletics Returns to Action!

This spring, whatever the call, play ball or four . . . it is so good to see our baseball and golf teams competing.

BASEBALL

Our first home baseball contest for 2021 came a year and three days after the previous season was shut down due to COVID restrictions. Penn State York hosted Penn State Fayette on March 13, 2021. The student-athletes expressed their ultimate gratitude and appreciation for the opportunity to play again – and capped that excitement with an opening day victory – beating Fayette 7-6!



GOLF

Golf returned to the links this spring, after missing their campaign in the fall. Their first match was held at Penn State Mont Alto on April 7. Golf will play throughout the spring with upcoming matches at Penn State DuBois, Lehigh Valley, and Hazleton, as well as the Penn State University Athletic Conference (PSUAC) conference events at University Park on April 22.



Safety continues to be the most important focus. All athletes, coaches, and officials are wearing masks and keeping distanced while participating in practices and games. Transportation has been modified to meet bus capacity requirements. All athletes are also undergoing weekly, and some, several times weekly, COVID testing.

To all of our fans, keep watching for fall 2021 updates on our website.

A Message from the Chancellor – April 2021



Dr. David Christiansen

Philanthropy (noun)

Love of mankind; an altruistic concern for human welfare and advancement; the desire to promote the welfare of others, expressed especially by the donation of money to good causes.

I have often been asked why I should support Penn State with a financial gift. Is it because I want to help the University that gave me a rigorous education and prepared me for life after college? Is it because I want to help out students less fortunate than me, students who need scholarship dollars to attend Penn State? Is it because I want to make an impactful gift that will allow the University to pursue initiatives that address real-world problems and better society?

The answer: ALL these reasons are correct, and so are many more. Whatever is your motivation for supporting Penn State, you will be able to find worthwhile causes that excite you. At Penn State York, we are looking to partner with philanthropists on student scholarships, equipment in our science and engineering labs, support for research, study abroad trips, athletics, student programming in our Graham Center for Innovation and Collaboration, and so much more!

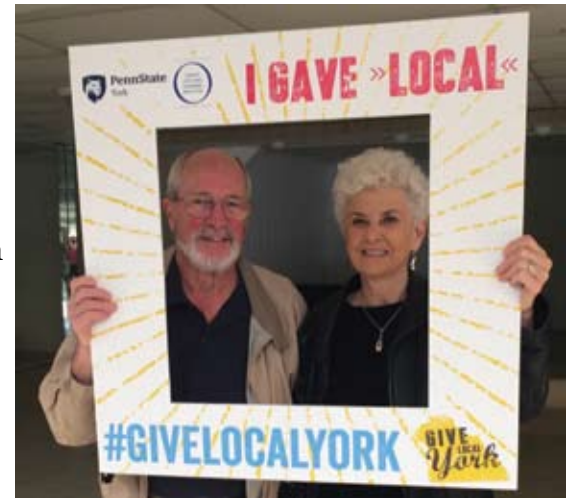
I invite you to reach out to Di Hershey or me if you have any passions that you would like to explore with us.

David Christiansen,
Chancellor, Penn State York

Osher Life Long Learning Institute at Penn State York (OLLI York) Brings Connection and Joy Back to Members' Lives

Time flies when you are having fun, said very few people in 2020. Those who chose to utilize OLLI programming, in all its different formats, continued their journey of lifelong learning despite the pandemic. When OLLI York's in-person courses and events came to a halt, staff pivoted from their usual pedagogy and began offering online Zoom courses and social events.

With the restoration of consistent in-person courses in the fall, albeit not on Penn State York's campus and administered with strict COVID mitigation practices, members once again could chat, laugh, and learn together. This brought vivacity back to OLLI! The way to best understand the depth of the impact OLLI York has on the lives of its members is to hear directly from them. One OLLI member writes, "When I retired in the Spring of 2018, I created a new life for myself. I found volunteer opportunities for my heart, OLLI for my brain, and a gym membership for my body. Life was very good! Then COVID 19 struck. The only constant that remained was OLLI. During the darkness of the last year, OLLI has been a bright haven for me. I have learned about Zoom and how to use it, read and discussed books in Book Club that I normally would not have read, and attended in person socially distanced classes, learning about the origins of Italy, enjoying Broadway love songs performed live, and traveled with Mason, Dixon, Lewis and Clark. The biggest benefit of an OLLI membership for me is being part of a group of my peers who like to be intellectually and socially stimulated."



I have learned about Zoom and how to use it, read and discussed books in Book Club that I normally would not have read, and attended in person socially distanced classes, learning about the origins of Italy, enjoying Broadway love songs performed live, and traveled with Mason, Dixon, Lewis and Clark. The biggest benefit of an OLLI membership for me is being part of a group of my peers who like to be intellectually and socially stimulated."

Jennifer May, OLLI York's director, acknowledges there has been a COVID effect on program funding and without support from the University, OLLI York would not have survived. The long-term goal of OLLI York is to be self-sustaining. May shares that one way they work towards meeting that goal is through the York community's **Give Local York (GLY) Campaign** - a 24-hour fundraising campaign for York County nonprofits that includes a matching funds

initiative. This will be OLLI York's third GLY campaign and you can help on May 7 by making an online gift on the GLY website, or by contacting OLLI York, in advance, to donate with a check. Don't hesitate to reach out to Jennifer May at 717-771-4107 to receive more information on the OLLI York program and their GLY campaign.

Student-Veteran Partners to Build a Stronger Veteran Campus Community

(continued from page 1)

The grant will also provide funds to purchase a printer for the SVA members to use in the lounge. The Alumni Relations and Development Office has been inspired by Flemmens and his efforts to create a stronger Penn State York veterans' community. We will look to partner with the SVA by bringing online a veteran's alumni newsletter - for veteran alums to share advice and their stories (i.e. where are they today articles) with current students. We will look to re-energize a Veteran Affiliate Program Group (APG) of the Alumni Society, to connect veteran alums to network and possibly mentor current veteran students. We are also exploring establishing a funding resource to be able to sponsor the registration for our incoming SVA president to attend the SVA national conference - providing the opportunity to bring back and try new ideas that were shared on a national stage. Please reach out to Iona Conlon or Di Hershey if you are interested in engaging in any of these activities.



Newsletter Staff:

Di Hershey

Director of Development
717-771-4127 | dkh13@psu.edu

Iona M. Conlon

Alumni and Development Specialist
717-718-6781 | iona@psu.edu

Barbara H. Dennis

Coordinator of Publications and Promotion
717-771-4128 | bhd5@psu.edu

This publication is available in alternative media on request. Penn State is an equal opportunity, affirmative action employer, and is committed to providing employment opportunities to all qualified applicants without regard to race, color, religion, age, sex, sexual orientation, gender identity, national origin, disability or protected veteran status. U.Ed. YKO 21- 86 The Pennsylvania State University encourages qualified persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please call 717-718-6781 in advance of your participation or visit.

The Staff Advisory Council (SAC): A New Voice and Viewpoint for Penn State York Staff – Locally and University Wide



The SAC at Penn State York was established in June 2019 to provide staff with a voice and align the campus with units, departments, and campuses throughout the University. The council’s programming is diverse in topics and presenters. External presenters such as Lee Rubin, former captain of the Penn State football team and a corporate human resources professional, discussed the Five Components of an Extraordinary Team. Other offerings included internal speakers providing a StrengthsFinder workshop, diversity, equity, and inclusion (DEI) programming, and lunch and learn sessions covering mental health, mindfulness, and exercise and nutrition.

“The addition of the council is a positive development for Penn State York which will benefit not only staff but the entire campus community. We are a small body that has made great strides in a short time,” says Jane Pflaum, chair of Penn State York’s SAC and current co-secretary of the University SAC (USAC), co-chair of USAC’s Communications Committee, and USAC’s representative on the SIMBA OCM Advisory Committee. The campus recognizes Pflaum for her leadership to establish the council at the local level, and thanks her for providing a York voice at the University level.



Students Say Thank You for the Opportunity to Connect, Network, and Become Empowered

The Pennsylvania (PA) Conference for Women did not have in-person programming in Philadelphia in 2020, but nine Penn State York students were supported by the Women's Philanthropic Network (WPN) to attend and found the experience to be inspirational. The conference schedule looked familiar with keynote speakers, break out room sessions, networking discussion groups, and an Exhibit Hall – but technology took center stage, and it was all accomplished in a virtual platform. Three of our Penn State York students shared why they were excited to attend – even if they zoomed into the conference from the comfort of their computers at home.



Abigail Hornberger

Abigail Hornberger is a sophomore at Penn State York planning to graduate in 2023. Hornberger shared, “My experience was positive and informative. After watching Tara Westover’s keynote session, I learned about the history of women in school and how we deserve an education just as anybody else does. We deserve to earn higher education degree’s and Ph.D.’s without any question. I was beyond thankful to have been able to attend this conference and learn from such influential women”.

My-Hoa Do is a sophomore majoring in biology and works as an instructor at a Taekwondo studio. As a woman in STEM and a male dominated sport, she considers herself lucky to have strong relationships with women in these respective fields who inspire her to pursue anything she sets her mind to.



My-Hoa Do

Do shares, “I made sure to gain what I could from the conference, networking with several women leaders and bringing back event and community service ideas for the organizations I am involved in. Going beyond myself, I think the experience of seeing many women not only entering previously male-dominated settings but stepping up to be leaders in them is amazing. This representation helps other women be able to envision doing the same so that they can also take their first steps toward empowering themselves.” Do commented on the virtual format and shared, “In true 2020 fashion, the conference did not come without some difficulties. However, any time a technical issue occurred, participants reminded each other to have grace under pressure and make the most of their experience.” Do did just that!



Nathalie Cabrera

Nathalie Cabrera is a senior majoring in human development and family studies (HDFS). Cabrera shared, “The PA Conference for Women was a perfect opportunity to help me create connections, network, and learn skills on how to be heard and taken more seriously in the workplace. Although the conference was online, they included a virtual networking lounge with varying subjects such as career skills, parenting skills, leadership, and self-care. I will also never forget Viola Davis’ keynote, precisely when she spoke on how you can preach a better sermon with your life than with your lips. She empowered us to take all the things we learned in the conference and take action.”

The WPN is raising funds for a grant this year to send ten students to Philadelphia for the 2021 PA Women’s Conference. If you would like to help the WPN support this grant, please contact Di Hershey or go to the WPN website to make a gift.

Center for Inclusive Leadership's Inaugural Programing Focuses on STEM Women in Leadership



Roxanna Gapstur

Penn State York is pleased to announce its newest program to take residence in the Graham Center for Innovation and Collaboration, the Center for Inclusive Leadership (CIL). The CIL's mission is to promote gender equity as a pathway to innovation among our undergraduates and industry alike. Strategies include educating and empowering students and emerging leaders, from all backgrounds and experiences, in leadership styles that promote collaborative work and cultivate communities of inclusion, while providing for a more diverse and equitable economy in our region.

This spring saw inaugural programming presented virtually and through a generous grant from Penn State Bookstores/Barnes & Noble College. In February and March, the STEM Women in Leadership Series showcased a panel event and kicked off a mentoring program matching students with industry professionals.

The CIL hosted a panel event on February 23 with our four invited speakers representing multiple industries and resumes that included CEO and professional/industry board of trustees' titles and responsibilities, but the authentic advice and experience they shared with our students, was appreciated as much as their credentials. Thank you to Jane Conover, president and CEO of York County Community Foundation; Kerryyn Fulton, president and CEO of C. S. Davidson; Roxanna Gapstur, Ph.D., RN and president and CEO of WellSpan Health; and Laura

Wand, corporate board of directors, business leader and seasoned Fortune 500 executive, for taking the time to share their stories with our students. The panel, moderated by Dr. Anne Vardo-Zalick, associate professor of biology, kept 75 attendees engaged in a Zoom platform for eighty plus minutes. Testimonials after the event included: "I've heard my share of panel discussions with leaders, but this one stands out. I do not recall ever hearing topics like imposter syndrome and discussions of work-life balance discussed so candidly in such a forum." and "As an undergraduate trying to find my way into the professional world, it was an absolute pleasure to hear influential, female leaders share their experiences and vast wisdom. The knowledge they offered was so eclectic, viable, and personal; the conversation transcended male and female. It would be an honor to attend more events featuring such intellectual figures in the future."

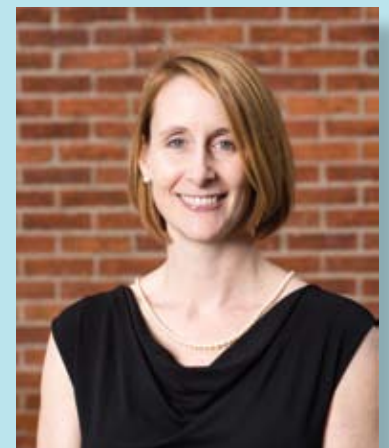


Jane Conover

The CIL kicked off the STEM Women in Leadership Mentoring Program on March 9. LionLink technology was introduced to assist with the matching process. Penn State Bookstores partnered with us to provide the StrengthsFinder 2.0 book to each professional mentor and student mentee. The survey each participant completed allowed first meeting conversations to be centered around understanding strengths and having the mentor and mentee explore together how they can build on those strengths in their academic and professional careers. Students are already providing feedback that the experience exceeds their expectations and conversations are being scheduled above and beyond the minimum required. If you would like more information about the CIL, please contact Di Hershey at dkh13@psu.edu.



Laura Wand



Kerryyn Fulton